

# St John's Parish

## Primary School



February 18, 2019 No. 3

### COMING UP AT ST JOHN'S

FEBRUARY	19	Tuesday	Helen Carboon (Prep), 5.00 or 7.00pm
	20	Wednesday	Parent Association Meeting, 7.00pm
	24	Sunday	Parish Family Mass, 9.45am
	26	Tuesday	Prep Welcome Dinner, 6.00pm
MARCH	1	Friday	<b>School Closure Day</b>
	4	Monday	School Assembly, 8.50am Twilight Sports, 4.45pm

[Click here to access St John's Parish Newsletter](#)

Dear parents,

It was great sharing the learning happening in 5/6KR today at assembly and congratulating all our year 6 students on their important leadership roles this year.

Thank you for making the time last week to connect in with our teachers at the getting to know you interviews. I know our teachers find it very helpful to hear about the wellbeing of your children and how to set them up for success. If you have any feedback on these meetings please feel free to make contact with me. We will also be asking for some feedback this week on the learning portfolio's we send out (hard copy and electronic) mid-year and end of year so please look out for this.

### Child Safety – Volunteers

In my role as principal ensuring the safety and wellbeing of all our students is a priority. Over the last few years, new government legislation has resulted in more formalized processes in relation to Child Safety.

Visitors, volunteers and contractors are an important part of St John's Mitcham. These people increase our students' experience of the cultural and social features of the community, ensure parents/guardians partner in their children's development and creates strong partnerships with community services, schools, businesses and the wider community. St John's School also recognises the importance of the safety of every child at our school and the following outlines procedures and practises in alignment with the Ministerial order 870 and guidelines from Catholic Education Melbourne.

Volunteers include all parents and parishioners engaged in school life. If you are planning on getting involved in school life including helping in classrooms, on excursions, sporting events or special days I strongly encourage you to begin the volunteer process.



### SCHOOL OFFICE HOURS

Monday -Friday, 8.30am –4.00pm

### UNIFORM

RHSport , Ringwood PH: 9870 1377

### SECOND HAND UNIFORM

#### CO-ORDINATOR

Kathleen Spicer

Open first Tuesday of each month  
8.30 -9.00am Multi Purpose Room

### CAMP AUSTRALIA

Before & After School Care 1300 105 343

### CO-ORDINATOR

Richard

HOURS: 7.00 -8.30 am  
3.20 –6.15 pm

### LUNCH ORDERS

Every Tuesday Lunchtime  
To order register online:  
[www.flexischools.com.au](http://www.flexischools.com.au)

### PARISH CONTACTS:

PH: 9873 1341

### PARISH PRIEST

Father Dispin John

### PARISH SECRETARIES

Mrs. Elisa Kelesidis  
Mrs. Martine Giles

### PASTORAL ASSOCIATE

Mrs. Maree O'Keefe

Visitors and Contractors to schools may include, but are not limited to:

- prospective parents and employees
- those who are addressing a learning or developmental need, such as:
  - \* Specialists incl. OT and psychologists
  - \* parent and community volunteers
  - \* invited speakers
  - \* sessional instructors
  - \* representatives of community, business and service groups
  - \* local members of the State and Commonwealth Parliaments
- those who are conducting business such as:
  - \* Instrumental lessons
  - \* uniform suppliers
  - \* booksellers
  - \* official school photographers
  - \* commercial salespeople
- trades people
- children's services agents
- Personnel from Catholic Education Melbourne

New parents are encouraged to take a volunteer pack, which will be available at the office. The prescribed process is quite complex. If you have any questions about the Child Safety process please speak to Jacqui or Monica.

### **Future Leaders – Semester 1**

We congratulate the following Future Leaders who will receive their badges at our next assembly on Monday 4 March. The Future Leaders program enables students' participation and voice in what happens within the school and its community. Better decisions are made within a school if everyone affected by those decisions is involved in making them in some way. We look forward to building the leadership qualities and skills of our Future Leaders in 2019.

Prep	Penelope and Ben
1/2 EB	Ava and Lucas
1/2SK	Ben and Genevieve
3/4RF	Bartek and Dani
3/4KC	Zoe and Kieran
5/6TJ	Anna and Kevin
5/6KR	Marco and Lena
5/6AB	Emma and Cooper



### **Working Bee – Friday 15 February**

We had our first working bee for the year on Friday night and achieved a lot. Thank you to the following families for their involvement – Stutchbury, Kelly, Butterworth, Harkin, Carnovale, Baguley and Newberry.



### **Twilight Sports**

Our annual athletics carnival will be held on Monday 4 March at Bill Sewart Athletics Track in Burwood East commencing at 4:45pm. The students have been practicing their athletics in PE lessons and at lunchtime with our year six sports captains. There will be a sausage sizzle on the night.

### **School Closure Days – Term One and Term Two**

Please note the following school closure days for the first half of the year on

- **Friday 1 March 2019**
- **Tuesday 23 April 2019**

### Prep 2019 Welcome dinner

We look forward to seeing our Prep and Year 1 families at our welcome dinner on Tuesday 26 February commencing at 6pm in Mackillop Space. It will be a great opportunity to meet new families and ask questions about school life. Could our prep and new families please RSVP to Donna Bright as soon as possible - [donna.bright@hotmail.com](mailto:donna.bright@hotmail.com)

### School Open Day Flyers

We have open days planned over the next few months and would appreciate any parents who could do some letterbox drops out and about in Mitcham and Nunawading. If you can help please let me know. Thanks for your support.

### Student Mobile phones

An important reminder as per our parent handbook that all students mobile phones are to be given in at the office at the beginning of the day or handed to the classroom teacher. They can then be collected at the end of the day. Thanks for your support with this.

Have a great week  
Jacqui Marshall  
Principal

## Education in Faith News

Our Gospel Challenge this week is to: *include others in our games.*

Luke's Gospel this week tells us who God's favourites are: the people who are poor, who mourn, who face persecution for doing the right thing. Sure, God loves everyone equally, but the Scriptures show time and time again that God's actions favour the powerless and people who suffer. We know that because God continually sends people – like Moses and Jesus – to help them.

*Blessed in yesterday's Gospel means "favoured". Jesus tells his disciples that God is working to construct a world that favours the powerless. God's Reign will change things so that the people on the bottom will have what they need. That's bad news, he says, to people who abuse power, don't share wealth, or cause others pain.*

Jesus favoured people without power by hanging out with them, eating with them, and challenging customs that caused them to suffer. We need to take our cue from him by giving people who suffer the highest priority in our lives. We show God's favour to those who are powerless by serving them, learning from them, and working for a just society. We show God's favour to people who mourn by comforting them. By doing these things, we also show people who abuse power, horde power, or hurt others that it's time to change.

*Who inspires you by the way they favour poor people or those who mourn?*

Have a wonderful week,  
Monica

### Important Dates to Remember

<b>February</b>	19	Tuesday	Prep evening with Helen Carboon, "Children and God Things" 5:00 or 7:00pm.
	24	Sunday	Parish Family Mass 9:45am
<b>March</b>	5	Tuesday	Burning of Palms Ceremony 9:15am
	6	Wednesday	Ash Wednesday Mass 10am.
	7	Thursday	Eucharist Parent Evening 7pm
	16	Saturday	First Eucharist Commitment Ceremony and Mass Book Presentation, 6:00pm
	17	Sunday	First Eucharist Commitment Ceremony and Mass Book Presentation, 9.45am



## BIRTHDAYS

Congratulations to Greg, Sam and Lachlan who will be celebrating their birthdays this week.

*We hope you have a very.....*

**"HAPPY BIRTHDAY"**



WHITEFRIARS  
CATHOLIC COLLEGE FOR BOYS

## OPEN DAY Sunday 3 March



Bookings Required  
Tours from 10.30am

Register at [whitefriars.vic.edu.au](http://whitefriars.vic.edu.au)

156 Park Road Donvale Vic 3111 *Belong. Believe. Become.*

## SCHOOL BANKING

School banking is underway and will take place every Monday morning.

For any queries or further information about the program, please contact Maria Wallis (Chris 5/6 AB), School Banking Co-ordinator, on: 0409 966 951 or [wallis.maria@gmail.com](mailto:wallis.maria@gmail.com)

**Commonwealth**Bank



## SCHOLASTIC BOOKCLUB

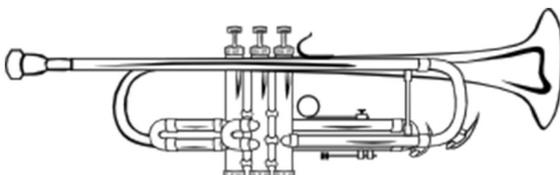
If you would like to order any books from the recent Scholastic Bookclub brochure please do so by Friday 22 February. No late orders can be processed. All rewards points earned from the sale of orders goes towards buying classroom resources for each year level.

Any queries can be directed to Jo Novak on 0402 816 685 (Natasha 5/6KR).

# ROCKiSKOOL



Today at the lunch break, students were able to try playing Wind and Brass instruments. To encourage more students to take up Wind & Brass instruments at SJPS, **ROCKiSKOOL** is currently offering **free instrument hire for a full year** for new students starting on the mini-flute and mini clarinet. As well as **free instrument hire for a half a year** for new students starting on the J-flute and Clarineo. Places are strictly limited, for more information on the program and to enroll, please visit our website at [www.rockiskool.com](http://www.rockiskool.com) or call Anthony on 0425 738 420.



## ST JOHN'S TWILIGHT SCHOOL SPORTS 2019

Relay and events practice, lead by the Year 6 Sports Captains, will be held on the grass area during the first half of lunchtime on the following days:

<b>Coghlan (gold)</b>	<b>Friday 15<sup>th</sup> Feb &amp; Friday 22<sup>nd</sup> Feb</b>
<b>Dillon (blue)</b>	<b>Monday 18<sup>th</sup> &amp; Monday 25<sup>th</sup> Feb</b>
<b>Lyons (green)</b>	<b>Tuesday 19<sup>th</sup> &amp; Tuesday 26<sup>th</sup> Feb</b>
<b>Durkin (red)</b>	<b>Thursday 21<sup>st</sup> Feb &amp; Thursday 28<sup>th</sup> Feb</b>

Each house has two practice sessions before our Twilight Sports day during weeks 3, 4 or 5. Students are encouraged to wear their sports uniform and their house coloured t- shirt on their practice days.

Tom Jackson & Ange Crowe



### WHAT'S HAPPENING AT ST JOHN'S

#### 2019 DISTRICT SWIMMING

There is an opportunity for competent swimmers to participate in the 2019 North Box Hill District Swimming Carnival. It will be held this year on Thursday 28th February at Aquarena - 139 -153 Williamsons Road, Templestowe Lower. Students wanting to compete will need to be able to swim 50m confidently in any stroke and have an adult willing to accompany them on the day. If you are interested, please speak to Monica or email her by this Wednesday 20 February at [moshannassy@sjmitcham.catholic.edu.au](mailto:moshannassy@sjmitcham.catholic.edu.au)



#### ST JOHN'S SCHOOL CHOIR

Don't forget school choir this Friday morning at 8:20 in the Multi Purpose Room for students in years 2-6. All interested students are welcome!



# Wellbeing Social and Emotional Learning - Self Awareness

This Term, our Social and Emotional Learning focus is on Self Awareness. This is included in the Personal and Social Capability in the Victorian Curriculum. It involves students identifying and expressing a range of emotions and how this can look in our faces and how our bodies may act in response to how we feel.

One way we help encourage students in expressing their emotions is through the use of the Zones of Regulation. The Zones consist of four colours - Blue Zone (sad, sick, tired, bored), Green Zone (happy, calm, okay, focused), Yellow Zone (frustrated, worried, silly, excited) and Red Zone (angry, terrified, elated). They highlight to students that at times everyone will feel different types of emotions but we need to self regulate when we are losing control.

Feel free to use the Zones of Regulation when talking about emotions with your child. Questions you could ask could include: which zone do you think you're in? How can we get into the green zone? What strategies can you try when in the red or yellow zone?

## The ZONES of Regulation®

			
<p><b>BLUE ZONE</b></p> <p>Sad Sick Tired Bored Moving Slowly</p>	<p><b>GREEN ZONE</b></p> <p>Happy Calm Feeling Okay Focused Ready to Learn</p>	<p><b>YELLOW ZONE</b></p> <p>Frustrated Worried Silly/Wiggly Excited Loss of Some Control</p>	<p><b>RED ZONE</b></p> <p>Mad/Angry Mean Terrified Yelling/Hitting Out of Control</p>

IT'S BETTER TO KNOW HOW  
TO LEARN THAN TO KNOW.

~ DR. SEUSS

